

Women's Multicultural Resource and Counselling Centre of Durham

1355 Kingston Rd. P.O. Box 66164

Pickering, ON, L1V 6P7

Phone: 905-427-7849

Fax: 905-427- 9299

info@wmrccdurham.org

<http://www.wmrcc.org>



@WMRCCD



@WMRCCofDurham



@WMRCCdurham

For More Information Please
Contact WMRCC

DISTRESS CENTRES

If you, or someone you know needs
immediate assistance please call: 9-1-1

24 Hour Help Lines

Connects Ontario: 1-866-531-2600

Durham Mental Health: 1-800-742-1890

Ontario Shores Crisis Line: 1-800-263-2679

Kids Help Phone: 1-800-668-6868

Distress Centre Durham: 1-800-452-0688

COUNSELLING & FAMILY SERVICES

Women's Multicultural Resource and
Counselling Centre of Durham: 905-427-7849

A.P.P.L.E Community Project: 905-434-3936

Durham Mental Health Services: 905-666-0831

Centre for Addictions and Mental Health
(CAMH): 905-436-8760

Durham Rape Crisis Centre: 905-444- 9672

Durham Region Domestic Violence/Sexual
Violence/Sexual Assault Care Centre (SACC)
Counselling: 905-576- 8711 ext. 3286

Family Services Durham: 905-666-6240

Durham Children's Aid Society: 905-433-1551

Catholic Family Services of Durham: 905-428-
1984

Kinark Child & Family Services: 1-866-929-0061

WMRCC of Durham

Empowerment, Sensitivity,
Support and Sustainability

Resource Guide - Durham Region 2020



Phone: 905-427-7849 (or toll
free: 1 - 877 - 454 - 4035)

SHELTERS

Single Women & Women with Children

Muslim Welfare Home: 905-665-0424

Anishnaabe Kwewag Gamig Alderville Women's Shelter: 905-352-3898

Shelters for Women & Children Fleeing Violence/Abuse

Ajax/Pickering

Herizon House: 905-426-1064

Oshawa

Denise House: 905-728-7311

YWCA - Y's Wish Shelter: 905-576-6743

Clarington

Bethesda House: 905-623-6050

Youth Shelter

Durham Youth Housing and Support Services – Joanne's House: 905-239-9477

Overnight Warming Locations

Christian Faith Outreach Centre – Doors of Compassion

Located at 158 Harwood Ave. S., Ajax

First Light Foundation of Hope

Located at 253 Simcoe St. S., Oshawa

Shelters for Men & Children Fleeing Violence/Abuse

Cornerstone Community Association: 905-433-0254

FINANCIAL SUPPORTS

Social Assistance & Employment Supports (Ontario Works): 905- 428-8982 (or toll free: 1-877-678-6333)

Free Income Tax Clinics:

<https://www.durhamimmigration.ca/en/work-and-study/income-tax-clinics.aspx>

FOOD BANKS

Ajax/Pickering

Salvation Army - House of Hope: 905-427-7123

St. Paul's On the Hill Food Bank: 905-839-9537

Beaverton/Cannington/Sunderland

Brock Community Food Bank: 705-426-1771

Nourish and Develop Foundation: 705-432-2444

Bowmanville

Salvation Army: 905-623-2185

Newcastle/Clarington East

Food Bank: 905-987-1418

Oshawa

New Life Neighbourhood Centre: 905-404-2004

Salvation Army Family Services: 905-723-7422 ext.221

Seventh Day Adventists Clothing and Food Bank: 905-433-8800

Simcoe Hall Settlement House: 905-728-7525

St. Peter's Anglican Church: 905-728-8080

The Eating Well Ministries: 905-579-1706

Zion/Hope Food Bank: 905-436-3255

Port Perry

Operation Scugog: 905-985-3087

Uxbridge Loaves and Fishes: 905-852-6262

Whitby

Salvation Army - Family Services: 905-430-3454

For more Food Resources Contact Durham Health Connection Line: 905-666-6241 or visit: durham.ca/healthyeating

HOUSING & EVICTION SERVICES

Ajax/Pickering:

Community Development Council Durham: 905-686-2661

Clarington:

John Howard Society: 905-623-6814

Oshawa-Whitby:

John Howard Society: 905-579-8482

Scugog-Brock:

North House: 289-640-1929

Durham Access to Social Housing (D.A.S.H.)

905-668-7711 or website at:

<https://www.durham.ca/en/living-here/durham-access-to-social-housing-dash.aspx>

FAMILY COURT & VICTIM SERVICES

Durham Family Court Clinic:

905-436-6754

Victim Services of Durham Region:

905-579-1520 ext. 1846

Victim Witness Assistance Program:

416-325-0351

LEGAL AID & LAWYERS

Durham Community Legal Clinic: 905-728-7321

Arch Disability Law Centre: 416-482-8255

Family Responsibility Office (FRO): 416-326-1818

Law Society Referral Service: 416-947-3330

Office of the Children's Lawyer: 416-314-8000

Law Society of Ontario: 416-947-3300